



Note about gluten-free option – North Lakes Hotel & Spa

Ullswater Rd, Penrith CA11 8QT, Vereinigtes Königreich

Note about gluten-free option

Last updated on: **24.07.2025**

Our search engine found the following note about gluten-free food on the official website of Hotel **North Lakes Hotel & Spa**:

sourdough bread and smoked butter \"},[\"\$\", \"div\", null, {\"className\": \"flex items-center gap-x-5 [\u0026: not(:empty)]: mt-5\", \"children\": [false, false, [\"\$\", \"span\", null, {\"className\": \"text-xs [\u0026: last-child: not(:only-child)]: mt-[2px]\", \"children\": [\"560\", \"kcal\"]}]]]]], [\"\$\", \"div\", \"menu-297-category-1-item-3\", {\"children\": [[\"\$\", \"div\", null, {\"className\": \"flex max-md: mb-5 max-md: flex-col md: items-start md: justify-between\", \"children\": [[\"\$undefined\", [\"\$\", \"h4\", null, {\"className\": \"mb-5 text-[1.125rem] max-md: mb-2.5 md: text-lg\", \"children\": [\"Caprese

salad\\",\\"\$undefined\\"]]]],false,\\\\"\\"]],false,[\\"\$\\",\\"p\\",null,{\\"className\\":\\"text-base\\",\\"children\\":\\"charred heritage tomatoes, bocconcini mozzarella, pickled red onion, smoked pesto dressing\\"}],[\\"\$\\",\\"div\\",null,{\\"className\\":\\"flex items-center gap-x-5 [u0026:not(:empty)):mt-5\\",\\"children\\":[false,false,[\\"\$\\",\\"span\\",null,{\\"className\\":\\"text-xs [u0026:last-child:not(:only-child)):mt-[2px]\\",\\"children\\":[\\"359\\",\\"kcal\\"]]]]]]]],[\\"\$\\",\\"div\\",\\"menu-297-category-1-item-4\\",{\\"children\\":[[\\"\$\\",\\"div\\",null,{\\"className\\":\\"flex max-md:mb-5 max-md:flex-col md:items-start md:justify-between\\",\\"children\\":[[\\"\$undefined\\",[\\"\$\\",\\"h4\\",null,{\\"className\\":\\"mb-5 text-[1.125rem] max-md:mb-2.5 md:text-lg\\",\\"children\\":[\\"Smooth chicken liver parfait\\",\\"\$undefined\\"]]]],false,\\\\"\\"]],false,[\\"\$\\",\\"p\\",null,{\\"className\\":\\"text-base\\",\\"children\\":\\"Wild and fruitful chutney, grilled bread\\"}],[\\"\$\\",\\"div\\",null,{\\"className\\":\\"flex items-center gap-x-5 [u0026:not(:empty)):mt-5\\",\\"children\\":[false,false,[\\"\$\\",\\"span\\",null,{\\"className\\":\\"text-xs [u0026:last-child:not(:only-child)):mt-[2px]\\",\\"children\\":[\\"459\\",\\"kcal\\"]]]]]]]]]],[\\"\$\\",\\"div\\",\\"menu-297-category-2\\",{\\"className\\":\\"pb-10\\",\\"children\\":[[\\"\$undefined\\",[\\"\$\\",\\"h3\\",null,{\\"className\\":\\"mb-5 text-xl\\",\\"children\\":[\\"MAINS\\",\\"\$undefined\\"]]]],[\\"\$\\",\\"div\\",null,{\\"className\\":\\"menu custome-wire grid w-full max-w-[max(1022px,89.65%)] grid-cols-1 gap-x-10 gap-y-10 after:mx-auto after:h-[1px] after:w-[76.9%] md:grid-cols-2 md:after:col-span-2 lg:gap-x-[max(30px,14.48%)]\\",\\"style\\":{\\"--tw-after-bg\\":\\"#0a3852\\"},\\"children\\":[[\\"\$\\",\\"div\\",\\"menu-297-category-2-item-1\\",{\\"children\\":[[\\"\$\\",\\"div\\",null,{\\"className\\":\\"flex max-md:mb-5 max-md:flex-col md:items-start md:justify-between\\",\\"children\\":[[\\"\$undefined\\",[\\"\$\\",\\"h4\\",null,{\\"className\\":\\"mb-5

text-[1.125rem] max-md:mb-2.5 md:text-lg",\\"children\\":[\\"All served with
roast potatoes, cauliflower cheese and maple roasted
vegetables\\",\\"\$undefined\\"]]]],false,\\"\\"]],false,\\"\\",[\\"\$\\",\\"div\\",null,{\\"className\\":
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text-[1.125rem] max-md:mb-2.5 md:text-lg\\",\\"children\\":[\\"Roast aged sirloin
of British
beef\\",\\"\$undefined\\"]]]],false,\\"\\"]],false,[\\"\$\\",\\"p\\",null,{\\"className\\":\\"text-
base\\",\\"children\\":\\"Yorkshire pudding and beef
gravy\\"]}],[\\"\$\\",\\"div\\",null,{\\"className\\":\\"flex items-center gap-x-5
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5\\",\\"children\\":[false,false,[\\"\$\\",\\"span\\",null,{\\"className\\":\\"text-xs
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text-[1.125rem] max-md:mb-2.5 md:text-lg\\",\\"children\\":[\\"Seared Scottish
salmon\\",\\"\$undefined\\"]]]],false,\\"\\"]],false,[\\"\$\\",\\"p\\",null,{\\"className\\":\\"text-
base\\",\\"children\\":\\"buttered spinach and hollandaise
sauce\\"]}],[\\"\$\\",\\"div\\",null,{\\"className\\":\\"flex items-center gap-x-5
[\u0026:not(:empty)]:mt-
5\\",\\"children\\":[false,false,[\\"\$\\",\\"span\\",null,{\\"className\\":\\"text-xs
[\u0026:last-child:not(:only-child)]:mt-
[2px]\\",\\"children\\":[\\"362\\",\\"kcal\\"]]]]]]]],[\\"\$\\",\\"div\\",\\"menu-297-category-2-
item-4\\",{\\"children\\":[[\\"\$\\",\\"div\\",null,{\\"className\\":\\"flex max-md:mb-5
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between\\",\\"children\\":[[\\"\$undefined\\",[\\"\$\\",\\"h4\\",null,{\\"className\\":\\"mb-5 text-[1.125rem] max-md:mb-2.5 md:text-lg\\",\\"children\\":[\\"Roasted vegetable parcel\\",\\"\$undefined\\"]]]],false,\\\"\\\"],false,[\\"\$\\",\\"p\\",null,{\\"className\\":\\"text-base\\",\\"children\\":\\"vine tomato sauce\\"]],[\\"\$\\",\\"div\\",null,{\\"className\\":\\"flex items-center gap-x-5 [u0026:not(:empty)]:mt-5\\",\\"children\\":[false,false,[\\"\$\\",\\"span\\",null,{\\"className\\":\\"text-xs [u0026:last-child:not(:only-child)]:mt-[2px]\\",\\"children\\":[\\"678\\",\\"kcal\\"]]]]]]]],\\"\$\\",\\"div\\",\\"menu-297-category-3\\",{\\"className\\":\\"pb-10\\",\\"children\\":[[\\"\$undefined\\",[\\"\$\\",\\"h3\\",null,{\\"className\\":\\"mb-5 text-xl\\",\\"children\\":[\\"PUDDING\\",\\"\$undefined\\"]]]],[\\"\$\\",\\"div\\",null,{\\"className\\":\\"m custome-wire grid w-full max-w-[max(1022px,89.65%)] grid-cols-1 gap-x-10 gap-y-10 after:mx-auto after:h-[1px] after:w-[76.9%] md:grid-cols-2 md:after:col-span-2 lg:gap-x-[max(30px,14.48%)]\\",\\"style\\":{\\\"--tw-after-bg\\":\\"#0a3852\\",\\"children\\":[[\\"\$\\",\\"div\\",\\"menu-297-category-3-item-1\\",{\\"children\\":[[\\"\$\\",\\"div\\",null,{\\"className\\":\\"flex max-md:mb-5 max-md:flex-col md:items-start md:justify-between\\",\\"children\\":[[\\"\$undefined\\",[\\"\$\\",\\"h4\\",null,{\\"className\\":\\"mb-5 text-[1.125rem] max-md:mb-2.5 md:text-lg\\",\\"children\\":[\\"Jen’s famous sticky toffee pudding\\",\\"\$undefined\\"]]]],false,\\\"\\\"],false,[\\"\$\\",\\"p\\",null,{\\"className\\":\\"text-base\\",\\"children\\":\\"butterscotch sauce, vanilla ice cream\\"]],[\\"\$\\",\\"div\\",null,{\\"className\\":\\"flex items-center gap-x-5 [u0026:not(:empty)]:mt-5\\",\\"children\\":[false,false,[\\"\$\\",\\"span\\",null,{\\"className\\":\\"text-xs [u0026:last-child:not(:only-child)]:mt-[2px]\\",\\"children\\":[\\"673\\",\\"kcal\\"]]]]]]]],\\"\$\\",\\"div\\",\\"menu-297-category-3-item-2\\",{\\"children\\":[[\\"\$\\",\\"div\\",null,{\\"className\\":\\"flex max-md:mb-5 max-md:flex-col md:items-start md:justify-

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[2px]","children":["228","kcal"]]]]]]]]]],["\$","div","menu-297-category-4",{className:"pb-10","children":["\$undefined","\$","h3",null,{className:"mb-5 text-xl","children":["LITTLE EXTRA TREATS","\$undefined"]}],["\$","div",null,{className:"menus-custome-wire grid w-full max-w-[max(1022px,89.65%)] grid-cols-1 gap-x-10 gap-y-10 after:mx-auto after:h-[1px] after:w-[76.9%] md:grid-cols-2 md:after:col-span-2 lg:gap-x-[max(30px,14.48%)]","style":{"--tw-after-bg":"#0a3852"},"children":["\$","div","menu-297-category-4-item-1",{children":["\$","div",null,{className:"flex max-md:mb-5 max-md:flex-col md:items-start md:justify-between","children":["\$undefined","\$","h4",null,{className:"mb-5 text-[1.125rem] max-md:mb-2.5 md:text-lg","children":["Little extra treats","\$undefined"]}],false,""}],["\$","div",null,{className:"multiline [\u0026:last-child\u003e:last-child]:mb-0 [\u0026_a]:underline [\u0026_p]:mb-[20px] [\u0026_ul_li]:mb-[5px] [\u0026_ul_li]:list-disc max-lg:[\u0026_ul_li]:ml-[16px] text-base [\u0026\u003ep]:!mb-0","dangerouslySetInnerHTML":{"__html":"\u003cp class=\"p2\"\u003eMash \u00a33 per person\u003c/p\u003e\n\u003cp class=\"p2\"\u003eGreens \u00a33.20 per person\u003c/p\u003e\n\u003cp class=\"p2\"\u003e2x Yorkshire puddings \u00a31.25\u003c/p\u003e\n\u003cp class=\"p2\"\u003ePigs in blankets \u00a33.25\u003c/p\u003e\n"}]]],false,["\$","div",null,{className:"flex items-center gap-x-5 [\u0026:not(:empty)]:mt-5","children":[false,false,""]]]]]]]]]]]],["\$","\$L74","menu-content-2413",{className:"mx-auto w-full max-w-[max(1140px,82.6%)] pt-[54px]","value":"menu-2413","children":["\$","\$L1c",null,{className:"inview-up","margin":"-100px","children":["\$","div",null,{className:"mb-1.5 flex w-full items-center gap-x-7.5 max-md:flex-wrap max-md:gap-y-5

md:mb-10

[\"empty\"]:hidden\", \"children\": [[\"\$\", \"div\", null, {\"className\": \"multiline
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[16px] text-xs [\"_ep\"]:!mb-
0\", \"dangerouslySetInnerHTML\": {\"__html\": \"\u003cp\u003e1pm – 5pm
daily (must book at least 24 hours in
advance)\u003c/p\u003e\\n\u003cp\u003e\u00a329 per
person\u003c/p\u003e\\n\u003cp\u003e1729kcal per
person\u003c/p\u003e\\n\u003cp\u003eNo vegetarian or gluten free options
available.

Important note: The text section and source may be written in another language or in JSON format. We strongly recommend contacting the hotel directly before booking to obtain up-to-date and detailed information about gluten-free meals.

Source: <https://www.northlakeshotel.co.uk/food-drink/fyr-grill>

Phone: [+44 1768 868111](tel:+441768868111)

Email: reception@northlakeshotel.co.uk

This hotel was listed on our website due to the mention of gluten-free food. If the information is no longer visible, the hotel will no longer be listed on Glunera.

Gluten-free reviews from other platforms

Glunera specifically looks for reviews that refer to gluten-free offerings.

★ 4.14 (4) Glunera Score



No reviews referring to gluten-free food have been found at this time.



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Glunera seal for your hotel website to embed: You can adjust the size from 200px in the code.

```
<a href="https://glunera.de/england/peak-district" title="Eintrag von North Lakes Hotel & Spa auf  
Glunera – glutenfreie Hotels in Peak District" target="_blank">  
    
</a>
```

